


# WOODLAND ELEMENTARY BREAKFAST MENU JANUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
 <b>OSSEO AREA SCHOOLS</b> <b>ISD 279</b>	1  <b>No School</b>	2  <b>FRENCH TOAST</b> <i>carbs: 35g</i> Alternate Choices: Cereal/Cheese Stick OR Cereal/Hard Cooked Egg	3  <b>LONG JOHN FROSTED DONUT</b> <i>carbs: 33g</i> Alternate Choices: Cereal/Cheese Stick OR Cereal/Yogurt	4  <b>APPLE OR CHERRY FRUDEL</b> <i>carbs: 37g</i> Alternate Choices: Cereal/Cheese Stick OR Cereal/Hard Cooked Egg
7  <b>SUPER SLICE BANANA BREAD</b> <i>carbs: 44g</i> Alternate Choices: Cereal/Cheese Stick OR Cereal/Yogurt	8  <b>BREAKFAST PIZZA</b> <i>carbs: 26g</i> Alternate Choices: Cereal/Cheese Stick OR Cereal/Yogurt	9  <b>FRENCH TOAST</b> <i>carbs: 35g</i> Alternate Choices: Cereal/Cheese Stick OR Cereal/Hard Cooked Egg	10  <b>LONG JOHN FROSTED DONUT</b> <i>carbs: 33g</i> Alternate Choices: Cereal/Cheese Stick OR Cereal/Yogurt	11  <b>APPLE OR CHERRY FRUDEL</b> <i>carbs: 37g</i> Alternate Choices: Cereal/Cheese Stick OR Cereal/Hard Cooked Egg
14  <b>SUPER SLICE BANANA BREAD</b> <i>carbs: 44g</i> Alternate Choices: Cereal/Cheese Stick OR Cereal/Yogurt	15  <b>BREAKFAST PIZZA</b> <i>carbs: 26g</i> Alternate Choices: Cereal/Cheese Stick OR Cereal/Yogurt	16  <b>FRENCH TOAST</b> <i>carbs: 35g</i> Alternate Choices: Cereal/Cheese Stick OR Cereal/Hard Cooked Egg	17  <b>LONG JOHN FROSTED DONUT</b> <i>carbs: 33g</i> Alternate Choices: Cereal/Cheese Stick OR Cereal/Yogurt	18  <b>APPLE OR CHERRY FRUDEL</b> <i>carbs: 37g</i> Alternate Choices: Cereal/Cheese Stick OR Cereal/Hard Cooked Egg
21  <b>No School</b>	22  <b>BREAKFAST PIZZA</b> <i>carbs: 26g</i> Alternate Choices: Cereal/Cheese Stick OR Cereal/Yogurt	23  <b>FRENCH TOAST</b> <i>carbs: 35g</i> Alternate Choices: Cereal/Cheese Stick OR Cereal/Hard Cooked Egg	24  <b>LONG JOHN FROSTED DONUT</b> <i>carbs: 33g</i> Alternate Choices: Cereal/Cheese Stick OR Cereal/Yogurt	25  <b>APPLE OR CHERRY FRUDEL</b> <i>carbs: 37g</i> Alternate Choices: Cereal/Cheese Stick OR Cereal/Hard Cooked Egg
28  <b>SUPER SLICE BANANA BREAD</b> <i>carbs: 44g</i> Alternate Choices: Cereal/Cheese Stick OR Cereal/Yogurt	29  <b>BREAKFAST PIZZA</b> <i>carbs: 26g</i> Alternate Choices: Cereal/Cheese Stick OR Cereal/Yogurt	30  <b>FRENCH TOAST</b> <i>carbs: 35g</i> Alternate Choices: Cereal/Cheese Stick OR Cereal/Hard Cooked Egg	31  <b>LONG JOHN FROSTED DONUT</b> <i>carbs: 33g</i> Alternate Choices: Cereal/Cheese Stick OR Cereal/Yogurt	<b>OFFERED DAILY:</b> Choice of Orange or Apple Juice Raisons or Craisons Skim or 1% Milk  <b>BREAKFAST PRICES:</b> Student "Paid" Breakfast: \$1.55 Kindergarten Breakfast: FREE Free/Reduced Breakfast: FREE